

WNY • CCP

Western New York Care Coordination Program



PERSON-CENTERED PLANNING TRAINING OPPORTUNITIES

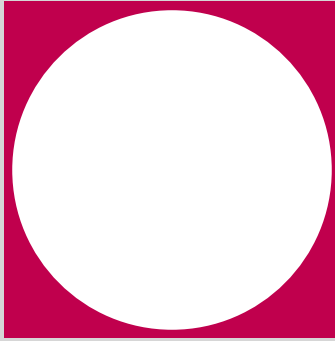
2005

Presented in cooperation with:
NYS Conference of Local Mental Hygiene Directors

with support from the
New York State Office of Mental Health

Albany • Binghamton • Buffalo • Hornell • Liberty • Plattsburg • Poughkeepsie • Rochester
Syracuse • Utica • Watertown





Welcome

The Western New York Care Coordination Program, with support from the New York State Office of Mental Health, is pleased to provide an opportunity for care providers, administrators, people receiving services, their families, their friends and their communities to learn about a person-centered approach to mental health. We believe the philosophy, the skills and the tools of person-centered practices are a means to create a recovery environment for people receiving services and to engage local communities in the recovery process.

The workshops offered through Person-Centered Planning Training Opportunities 2005 will provide you with an introduction to this approach and a chance to begin developing your skills in this approach. We hope you'll take advantage of this opportunity to begin the transformation to a person-centered, recovery focused system of care in New York State.

We are grateful to the organizations which have partnered with us in this initiative:

the NYS Conference of Local Mental Hygiene Directors, NYAPRS and the NYS Council for Community Behavioral Healthcare.

Kathleen Plum, Ph.D., RN
Co-chair, Western New York Care Coordination Program Steering Committee
Director, Monroe County Office of Mental Health

Robert Long, M.P.A.
Co-chair, Western New York Care Coordination Program Steering Committee
Director of Planning and Quality Improvement
Onondaga County Office of Mental Health



Western New York Care Coordination Program

PERSON-CENTERED PLANNING TRAINING OPPORTUNITIES 2005

The Western New York Care Coordination Program, with support from the New York State Office of Mental Health, is offering an introduction to person-centered planning in the fall of 2005 throughout upstate New York.

The initiative includes two workshops, both of which are being offered to participants free of charge.

Part I — Transformation to a Person-Centered Recovery Focused System

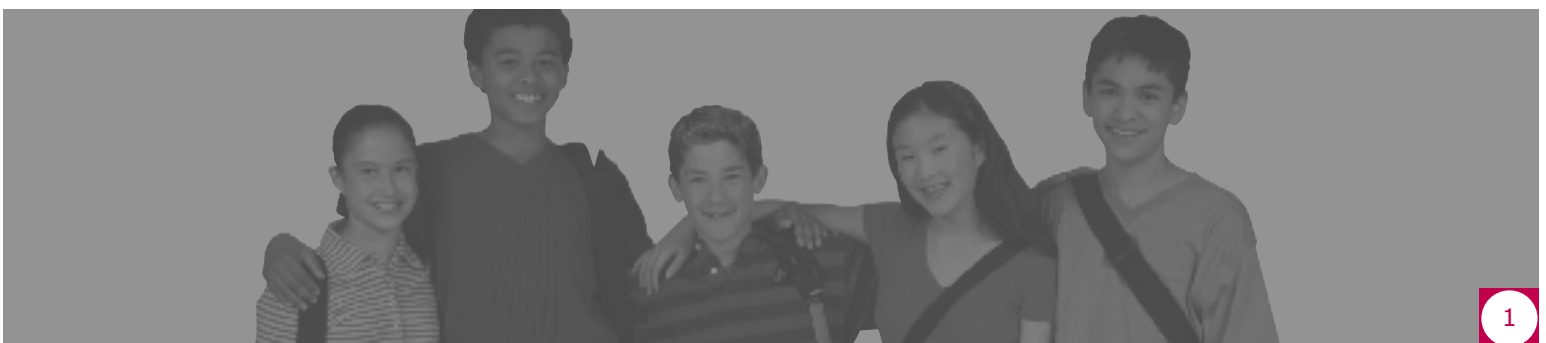
This workshop focuses on person-centered practices and system transformation and draws on the experience of the WNYCCP and the first level of a comprehensive curriculum on person-centered practices Foundations of Person-Centeredness developed by the WNYCCP with Carol Blessing, LMSW.

Part II — Person-Centered Treatment Planning

This workshop looks at the application of a person-centered approach to the process of developing behavioral health treatment plans. The presenters are Neal Adams, M.D., Ph.D. and Diane Grieder, M.Ed., co-authors of *Treatment Planning for Person-Centered Care, The Road to Mental Health and Addiction Recovery*.

The two workshops, and the fuller bodies of work upon which they are based, complement each other. Individuals and organizations wishing to transition to a person-centered approach to working with their clients are encouraged to take advantage of both days as a first step in a transformation.

These Training Opportunities are free of charge.
Continuing Education Certification available.



PERSON-CENTERED PLANNING

—Part 1—

Transformation to a Person-Centered, Recovery Focused System

A one day workshop on Person-Centered Practices — what they are, how they are different from current practices and their role in transformation from a focus on mental health systems and programs to a focus on individually directed recovery goals. It is based on Level 1 of *Foundations of Person-Centeredness*, a training series to develop knowledge and skill in person-centered approaches. It also incorporates lessons in transformation from the Western New York Care Coordination Program.



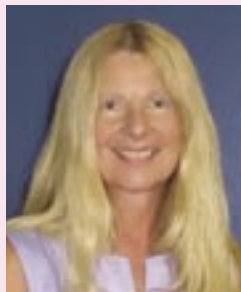
Presenters:

Carol Blessing, LMSW • Connie Ferrell, LCSW
with

Members of the Western New York Care Coordination Program Steering Committee and Person Centered Planning Trainers from the WNYCCP



Carol Blessing, LMSW heads up the Blessing Consulting Group which has provided training for the WNYCCP since 2003 on person-centered planning. She is co-creator with the WNYCCP Curriculum Committee of *Foundations of Person-Centeredness*, a curriculum adapted from her work. She also serves on the faculty with Cornell University's Employment and Disability Institute. She and Connie Ferrell have facilitated training in the WNYCCP counties over the past three years.



Connie Ferrell, LCSW is owner of Integrated Services. She has given presentations and seminars to over 9,000 people on person-centered work and employment. Since 2003 she has provided person-centered planning training to providers, peers, family members, and administrators in the WNYCCP. She served on the faculty with Indiana University's Institute on Disability and Community for 8 years. Currently, she serves as Director of Training and Technical Assistance for Cornell University's Work Incentive Support Center.

LEARNING OBJECTIVES:


After completing this workshop, participants will be able to:

- Explain the differences between person-centered planning and traditional methods
- Describe recovery and the relationship between recovery and person-centeredness
- Explain the role of community in recovery and person-centeredness
- Describe the culture change needed to fully implement person-centered practices
- List the core values of person-centeredness
- Identify person-centered practices and processes already present in their organization or agency, and opportunities to build upon them
- Identify the role of person-centered practices in transformation from a focus on mental health systems and programs to a focus on individually directed recovery goals.

Transformation to a Person-Centered, Recovery Focused System

Agenda	
MORNING	Registration
	<ul style="list-style-type: none"> Welcome and Introductions
	<ul style="list-style-type: none"> The Western New York Care Coordination Program: Context for Introducing Person-Centered Practices and Preliminary Outcomes for Individuals
	<ul style="list-style-type: none"> Finding Pathways to Recovery
	Break
	<ul style="list-style-type: none"> The Role of Community
	<ul style="list-style-type: none"> Exercise: Using Gifts to Connect to Community
	Lunch
AFTERNOON	<ul style="list-style-type: none"> What Person-Centered Practices Are and How They Differ From Traditional Practices: Core Values, Culture Change, Realigned Relationships
	<ul style="list-style-type: none"> Balancing Important To and Important For
	<ul style="list-style-type: none"> Exercise: Important To/Important For
	Break
	<ul style="list-style-type: none"> Hallmarks of Person-Centered Practices
	<ul style="list-style-type: none"> Exercise: Looking at Your Agency for Hallmarks of Person-Centered Practices
	<ul style="list-style-type: none"> Next Steps and Evaluation

Calendar of Workshops	
OCTOBER	October 3, 2005 • Syracuse • Carol Blessing, Lead Facilitator Sheraton Syracuse University • 801 University Avenue • Syracuse, NY 13210 • 315-475-3000
	October 4, 2005 • Watertown • Carol Blessing, Lead Facilitator Ramada Inn • 6300 Arsenal Street • Watertown, NY 13601 • 315-788-0700
	October 5, 2005 • Binghamton • Connie Ferrell, Lead Facilitator Holiday Inn Arena • 2 Hawley Street • Binghamton, NY 13901 • 315-722-1212
	October 6, 2005 • Hornell • Connie Ferrell, Lead Facilitator Hornell Country Club • 473 Seneca Road • Hornell, NY 14843 • 607-324-1735
	October 19, 2005 • Utica • Carol Blessing, Lead Facilitator Hotel Utica • 102 Lafayette Street • Utica, NY 13502 • 877-906-1912
	October 20, 2005 • Albany • Carol Blessing, Lead Facilitator Century House Hotel • 997 New Loudon Road • Latham, NY 12110 • 518-785-0931
NOVEMBER	November 9, 2005 • Poughkeepsie • Carol Blessing, Lead Facilitator Best Western Inn • 2170 South Road, Route 9 • Poughkeepsie, NY 13413 • 845-462-4501
	November 10, 2005 • Liberty • Carol Blessing, Lead Facilitator Days Inn of Liberty • 52 Sullivan Avenue • Liberty, NY 12754 • 845-292-7600
	November 30, 2005 • Plattsburg • Connie Ferrell, Lead Facilitator Holiday Inn Plattsburg • 412 Route 3 • Plattsburg, NY 12901 • 518-562-2974
*	Workshops hours for all dates are 9:00 am to 4:30 pm



**Space for all work-
shops is limited;
pre-registration is
required.**



**WHO SHOULD
ATTEND:**

This training is appropriate for a broad audience including:

- Direct care staff and supervisors
- Program directors of mental health agencies
- System administrators
- Consumers
- Family members



**Continuing Education
Certification**

Approval for this activity has been requested for Credentialed Alcoholism and Substance Abuse Hours, New York State Office of Alcoholism and Substance Abuse.

Certificates of Attendance will be provided for all conference attendees who request a certificate and complete the requirement to sign in and out.

PERSON-CENTERED PLANNING

—Part 2—

Person-Centered Treatment Planning

A one day workshop on developing person-centered treatment plans and how helping consumers create a meaningful plan that reflects their goals, preferences and choices can become a vital clinical tool that supports recovery and wellness, while maintaining compliance with payers and regulators.



Presenters:

Neal Adams, MD, MPH • Diane Grieder, MEd.



Neal Adams, MD, MPH is currently Director of Special Projects at the California Institute for Mental Health. He is the former Medical Director for the California Department of Mental Health. Dr. Adams is a board certified psychiatrist and addictions specialist who has recently served as the President of the American College of Mental Health Administration.



Diane Grieder, MEd has more than 20 years of experience in the behavioral healthcare field, devoted to quality improvement functions and management systems. She has been an accreditation surveyor of behavioral health programs for CARF for the past 16 years.

LEARNING OBJECTIVES:

At the conclusion of this training, participants should be able to:

1. Describe the treatment planning process, elements and criteria as a roadmap to recovery and wellness.
2. Identify how emerging new frameworks of person-centered recovery, resiliency and wellness differ from past and current practice to guide the plan of care.
3. Utilize a strengths based person-centered and culturally competent assessment and formulation as the basis for the treatment/recovery plan roadmap.
4. Assist individuals/families to articulate and prioritize person-centered goals, services and discharge/transition needs.
5. Translate assessment data and understanding into the technical elements of a treatment plan consistent with principles of recovery and medical necessity.
6. Provide an opportunity to translate principles into clinical practice by using a clinical case study and team role model.
7. Identify strategies for changing clinical practice and future learning/training needs.



Continuing Education Certification



The University of Rochester School of Medicine and Dentistry is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The University of Rochester School of Medicine and Dentistry designates this educational activity for a maximum of 5.75 category 1 credits toward the AMA Physician's Recognition Award. Each physician should claim only those credits that he/she actually spent in the activity.

The National Council for Community Behavioral Healthcare is approved by the American Psychological Association to offer continuing education credits for psychologists for this workshop. You must sign in and out and complete the evaluation. A charge of \$30 applies.


Approval for this activity has been requested for Credentialed Alcoholism and Substance Abuse Hours, New York State Office of Alcoholism and Substance Abuse.


Certificates of Attendance will be provided for all conference attendees who request a certificate and complete the requirement to sign in and out.

—Part 2—

Person-Centered Treatment Planning

Agenda	
MORNING	Registration
	<ul style="list-style-type: none"> Welcome and Introductions
	<ul style="list-style-type: none"> The Need, the Principles, and Techniques of a Person-Centered, Recovery-Oriented Approach to Mental Health Services
	<ul style="list-style-type: none"> Q & A
	Break
	<ul style="list-style-type: none"> Assessment/Interpretive (Clinical) Summary
	<ul style="list-style-type: none"> Small Group Exercise: Write an Interpretive Summary Using Case Studies
AFTERNOON	<ul style="list-style-type: none"> Reconvene to Review Interpretive Summaries and Learning
	Lunch
	<ul style="list-style-type: none"> Goals/Objectives/Interventions
	<ul style="list-style-type: none"> Small Group Exercise: Write Case Study Treatment Plans
	Break
	<ul style="list-style-type: none"> Reconvene to Review Plans Developed by Small Groups
	<ul style="list-style-type: none"> Discussion of Lessons Learned
	<ul style="list-style-type: none"> Wrap Up and Evaluation


Space for all work-shops is limited; pre-registration is required.


WHO SHOULD ATTEND:
 Person-centered planning for mental health recovery/wellness/resilience is designed for:

- Psychiatrists
- Clinical supervisors
- Community mental health direct care staff
- Administrators

Calendar of Workshops	
OCTOBER	October 25, 2005 • Binghamton • 9:00 am— 4:30 pm Best Western Binghamton Regency One Sarbro Square • Binghamton, NY 13902 • 607-722-7575
	October 26, 2005 • Syracuse • 8:30 am— 4:00 pm Sheraton Syracuse University 801 University Avenue • Syracuse, NY 13210 • 315-475-3000
NOVEMBER	November 16, 2005 • Albany • 8:30 am— 4:00 pm Century House Hotel 997 New Loudon Road, Route 9 • Latham, NY 12210 • 518-785-0931
	November 17, 2005 • Poughkeepsie • 8:30 am— 4:00 pm Best Western Inn 2170 South Road, Route 9 • Poughkeepsie, NY 12601 • 845-462-4501
DECEMBER	December 1, 2005 • Syracuse • 8:00 am— 3:30 pm <i>(Training hosted by Onondaga County)</i> Wyndham Syracuse 6301 Route 298 East • East Syracuse, NY 13057 • 315-432-0200



Space for all work-
 shops is limited;
 pre-registration is
 required.



TRAINING 2005 REGISTRATION FORM

Mail or Fax Registration to: Linda Russell
 CCSI • 1099 Jay Street Bldg J • Rochester, New York 14611
 Fax 585-328-5211 • lrussell@ccsi.org • Phone 585-613-7661

Name: _____

Title: _____

Discipline: _____

Organization: _____

Address: _____

Phone: () _____ Fax: () _____

Email: _____

Special Accommodations Required: _____

Please check the training sessions you wish to attend:

– Part 1 –
Transformation to a Person-Centered,
Recovery Focused System

(All sessions run from 9:00 am – 4:30 pm)

- Syracuse – October 3, 2005
- Watertown – October 4, 2005
- Binghamton – October 5, 2005
- Hornell – October 6, 2005
- Utica – October 19, 2005
- Albany – October 20, 2005
- Poughkeepsie – November 9, 2005
- Liberty – November 10, 2005
- Plattsburg – November 30, 2005

– Part 2 –
Person Centered Treatment Planning for
Mental Health Recovery/Wellness/Resilience

(Note: Space will be limited for the afternoon session due to small group interactive modality)

- Buffalo – June 28, 2005 (8:30 am – 4:00 pm)
- Rochester – June 29, 2005 (8:30 am – 4:00 pm)
- Binghamton – October 25, 2005 (9:00 am – 4:30 pm)
- Syracuse – October 26, 2005 (8:30 am – 4:00 pm)
- Albany – November 16, 2005 (8:30 am – 4:00 pm)
- Poughkeepsie – November 17, 2005 (8:30 am – 4:00 pm)
- Syracuse – December 1, 2005 (8:00 am – 3:30 pm)

- I wish to attend the morning session only (lunch included)
- I wish to attend both the morning and the afternoon sessions during which participants will work in small groups to practice developing clinical treatment plans that are person-centered.



For additional information on making person-centered planning training opportunities available to communities, mental health providers and systems, and peers and family members, please contact staff of the Western New York Care Coordination program:

Linda Russell
lrussell@ccsi.org
585-613-7661

Brian Phillips
bphillips@ccsi.org
585-613-7653

Adele Gorges
agorges@ccsi.org
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www.carecoordination.org

WNY  CCP
Western New York Care Coordination Program

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