

## ***Partial Resource List for Person-Centered/Directed Planning***

### ***Websites***

The Role of Person-Centered Service/Care Planning in Mental Health Recovery -White Paper and Literature Review	<a href="http://www.psych.uic.edu/uicnrtc/cmhs/pcprecovery.adams-grieder.doc">www.psych.uic.edu/uicnrtc/cmhs/pcprecovery.adams-grieder.doc</a>
Natural Supports For Children And Adolescents	<a href="http://www.dpw.state.pa.us/omhsas/guidelines">www.dpw.state.pa.us/omhsas/guidelines</a>
Western New York Care Coordination Program on PCP	<a href="http://www.carecoordination.org">www.carecoordination.org</a>
NYAPRS/Mental Health E-News 8/16/2005	<a href="http://www.nyaprs.org/Pages/View_ENews.cfm?ENewsID=4686">www.nyaprs.org/Pages/View_ENews.cfm?ENewsID=4686</a>
National Consensus Initiative on Person/Family Centered Planning	<a href="http://www.psych.uic.edu/uicnrtc/cmhs/pfcpresource.htm">www.psych.uic.edu/uicnrtc/cmhs/pfcpresource.htm</a>
The Network for the Improvement of Addiction Treatment	<a href="http://www.niatx.org">www.niatx.org</a>
SAMHSA “White Papers” on Person-Centered Planning	<a href="http://www.samhsa.gov">www.samhsa.gov</a>
Institute for Healthcare Improvement	<a href="http://www.ihl.org">www.ihl.org</a>
Self-determination – “This is Your Life: Creating your Self-Directed Life Plan”	MH Services Research Program at the University of Illinois at Chicago: <a href="http://www.psych.uic.edu/mhsrp">www.psych.uic.edu/mhsrp</a> and <a href="http://www.psych.uic.edu/nrtc">www.psych.uic.edu/nrtc</a>
WRAP Planning	<a href="http://www.copelandcenter.com">www.copelandcenter.com</a>
Practice Guidelines for Recovery Oriented Behavioral Healthcare	<a href="http://www.ct.gov/dmhas/lib/dmhas/publications/practiceguidelines.pdf">www.ct.gov/dmhas/lib/dmhas/publications/practiceguidelines.pdf</a>

## ***Partial Resource List for Person-Centered/Directed Planning***

### ***Books and Monographs***

<p>Adams, N. and Grieder, D., <i>Treatment Planning for Person-Centered Care: The Road to Mental Health and Addiction Recovery</i>, 2005, Elsevier</p>	<p>Can be purchased at: <a href="http://books.elsevier.com">http://books.elsevier.com</a> <a href="http://www.carf.org">www.carf.org</a> <a href="http://www.nccbh.org">www.nccbh.org</a> <a href="http://www.amazon.org">www.amazon.org</a></p>
<p>Motivational Interviewing</p>	<p>Miller, William R and Rollnick, Steven, <i>Motivational Interviewing: Preparing People to Change Addictive Behavior</i>. New York: Guilford</p>
<p>Transformation of MH</p>	<p>Daniels, A and Adams, N, <i>From Study to Action: A Strategic Plan for Transformation of Mental Health Care</i>. 2006, California Institute for Mental Health</p>
<p>The Sainsbury Center for Mental Health –The Capable Practitioner</p>	<p>Sainsbury Centre for Mental Health, <i>The Capable Practitioner: A framework and list of the practitioner capabilities required to implement The National Service Framework for Mental Health A report commissioned by The National Service Framework Workforce Action Team</i>, April 2001.</p>
<p>Stages of change</p>	<p>DiClemente, C.C., and Scott, C.W. <i>Stages of change: Interactions with treatment compliance and involvement</i>. NIDA Research Monograph 165:131–156, 1994.</p>
<p>Stages of change</p>	<p>Townsend, W., Boyd, S., Griffin, G., Hicks, P. L. (1999). <i>Emerging Best Practices In Mental Health Recovery</i>. Columbus, OH: Ohio Department of Mental Health.</p>
<p>Self-determination</p>	<p>National Mental Health Association, <i>Issue Brief: Consumer Control and Choice: An Overview of Self-Determination Initiatives for Persons with Psychiatric Disabilities</i>, Washington, DC, 2004.</p>

## ***Partial Resource List for Person-Centered/Directed Planning***

### ***Articles and Papers***

Person-centered planning	Adams, N. and Grieder, D., <i>Making Recovery Real: The Critical Role of Treatment Planning</i> , Behavioral Healthcare Tomorrow, Oct. 2004, Vol. 13, No. 5
Narratives and storytelling	Ridgway, P. (2001). <i>Re-Storying Psychiatric Disability: learning from first person recovery narratives</i> . Psychiatric Rehabilitation Journal, 24(4), 335-343.
Lessons learned from the developmental disabilities field	O'Brien, C.L., O'Brien, J. <i>The Origins of Person Centered Planning: A Community of Practice Perspective</i> , Lithonia, GA: Responsive Systems Associates, Inc., 2000.
Teamwork	Liberman, R.P. Hilty, D.M., Drake, R.M., Tsang, H.W. <i>Requirements for multidisciplinary teamwork in psychiatric rehabilitation</i> . Psychiatric Services, 2001; 52(10):1331-1342.
“Evidence” of recovery	Harding, C. M., Brooks, G. W., Asolaga, T.S.J.S., & Breier, A. (1987). <i>The Vermont longitudinal study of persons with severe mental illness</i> . American Journal of Psychiatry, 144, 718-726.
PCP with co-occurring disorders	Grieder, D., Yawn, L., <i>Incorporating Person-Centered Planning Within Co-occurring Disorders Services</i> , National Council NEWS , Nov. 2004.
Stages of change	Prochaska, J. O., DiClemente, C. C., Norcross, J. C. (1992) <i>In search of how people change: Applications to addictive behaviors</i> . American Psychologist, 47(9), 1102-1113.
Recovery is possible	Fisher, D. B., Ahern, L. (Spring, 1999). <i>People can recover from mental illness</i> . National Empowerment Newsletter.
WRAP Planning	Copeland, M. E. (2002). <i>Overview of WRAP: Wellness Recovery Action Plan</i> . Mental Health Recovery Newsletter, 3(2) 1-9.
Self-determination	Cook, J.A., Jonikas, J.A., (2002) <i>Self-Determination among mental health consumers/survivors: Using lessons from the past to guide the future</i> . Journal of Disability Policy Studies, 13(2), 87-95
Recovery systems	Anthony, W. A. (2000). <i>A recovery-oriented service system: Setting some system level standards</i> . Psychiatric Rehabilitation Journal, 24(2), 159-168.